



Annual Report 2010/11

Helping the people of the Himalaya.

Sustainable health, education
and environment projects.



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Our Quality Education program helps provide access to education for all children.



About

The Australian Himalayan Foundation is a not-for-profit charitable organisation dedicated to helping the people of the Himalaya achieve their goals.

What we do

VISIONS & AIMS

Our vision is to help the people of the Himalaya.

Our aim is to achieve this through improvements in three important areas:

- Education
- Health & Medical Services
- Environment and Wildlife Conservation

Our objective is to ensure, where possible, the long-term viability of our educational programs, to support medical services and to support environmental and wildlife conservation projects throughout the Himalaya.

The Australian Himalayan Foundation has policy guidelines in place to clearly distinguish between development and welfare support. It does not have any political or religious affiliations.

How we do it

SUSTAINABLE EMPOWERMENT

The Foundation focuses on sustainability and empowerment for the people of the Himalaya.

It is about ensuring, through assistance with administration, project management, training and monitoring, that the projects are set up and managed in such a way as to be sustainable.

Equally important is making sure that the local communities are empowered and equipped to manage and support the projects, sustainably and inclusively.

Where we do it

HELPING HIMALAYAN COMMUNITIES

Over the last 40 years, thousands of Australians have visited the Himalaya. For many it is an opportunity to trek beneath the world's highest peaks and to appreciate some of the world's most hospitable cultures.

Yet the Himalaya is not just a vast adventure playground. Although the lifestyle of the local communities may at first appeal idyllic, for most it is anything but easy – with medical assistance, education and care for the environment often falling short of their needs.

The Foundation provides you with the means to help the Himalayan communities achieve their goals – and of giving something back.

Our Background

FUNDRAISING FOR IMPORTANT COMMUNITY PROJECTS

Since we were granted our tax-deductibility (DGR) status in January 2005, our fundraising efforts have gone from strength to strength. This has allowed us to commit

to a range of projects and to work in close partnership with a select number of non-government organisations and local communities.

GRASSROOTS SUPPORT

Our Supporters program provides the opportunity to be involved in the work of the Foundation by contributing to the wellbeing of the Himalayan people.

In order to expand our Supporter base and promote the work of the Foundation we have state-based representatives throughout Australia.

OUR AFFILIATES

We have forged ties with our overseas associates including:

- Hillary Himalayan Foundation (NZ)
- Sir Edmund Hillary Foundation – Canada
- American Himalayan Foundation
- Himalayan Trust (UK)
- Himalayan Trust (NZ)

Project partners include the Snow Leopard Conservancy, the Australian Tibetan Society, as well as REED (Rural Education Environment & Development Centre), RHEST (Rural Health & Education Service Trust), and the NNCTR (Nepal Network for Cancer Treatment and Research) in Nepal, Servants of Society in Leh, Ladakh and RENEW in Bhutan.



Our Programs

The Australian Himalayan Foundation supports education, health and environment projects in Nepal, India (Ladakh) and Bhutan.



Zanskar Primary Health Care Program

Zanskar is one of the most isolated regions of the Indian Himalaya and records a chronically high rate of infant mortality. Since 2005 we have worked with the amchi, the traditional medical practitioners, holding workshops and training programs to improve health outcomes.



Support for Underprivileged Children

Our partnership with RHEST (Rural Health & Education Service Trust) supports underprivileged girls and dalit (untouchable boys) in rural districts of Nepal. At present we are providing educational support for ten years for over 250 students.



Cancer Screening & Prevention Programs

The Nepal Network for Cancer Treatment & Research (NNCTR) conducts cervical and breast cancer screening and education prevention programs in a country where less than 5% of women have the opportunity to undertake regular cancer checkups.



Wildlife Conservation & the Environment

We are proud of our partnership with the Snow Leopard Conservancy – the world's foremost organisation dedicated to protecting the elusive snow leopard. Our current support focuses on an education and livelihood program in the Solu Khumbu region of Nepal.



Tibetan Programs

In association with the Australian Tibetan Society we support Tibetans living in exile in the Indian Himalaya. Our programs include supporting a cultural troupe in Kalimpong and assistance for a school in Salugara in the Himalayan foothills.



Himalayan Art Awards

Managed by Margie Thomas, our acclaimed Himalayan Art Award aims to help local artists develop their creative medium. The awards are self-funding. The artists (currently in Nepal and Bhutan) commit to producing one major work that is auctioned by the AHF.

TIBET

● LHASA

EVEREST

SOLU KHUMBU

BHUTAN



Teacher Training – Quality Education

Our major initiative in the Solu Khumbu region of Nepal. Our nine-year program focuses on teacher training that will ultimately impact on over 260 schools, nearly 1,500 teachers and over 47,000 children.



Bhutan Education Support Program

We provide funding for young girls to access educational opportunities in remote regions of Bhutan. The project is managed by Michelle Hogan and Carolyn Hamer-Smith, ambassadors for the Bhutan NGO RENEW.

Providing viable and sustainable solutions to enrich life in the Himalaya.

Teacher Training – Quality Education (TTQE) – Our Flagship Program

Our Quality Education Program has been described as one of the most ambitious in rural Nepal. We aim to improve the educational outcomes in over 260 schools, boosting teaching skills for 1,500 teachers and providing a better education for 47,000 students in disadvantaged areas of the Solu Khumbu (Everest) region, well away from the tourist trails.

In September 2011 the Department awarded our program as the best example of teacher training in Nepal, while in June 2010 the Nepal Department of Education signed a Memorandum of Understanding endorsing our program.

Our nine-year program continues to go from strength to strength. We are currently entering the 4th year of the program cycle, with an expansion into the Nele district of the Solu Khumbu. The Nele district is in dire need of support – literacy and attendance rates are low, and schools are poorly resourced. Our program will deliver a series of workshops to improve the training of primary school teachers, as the quality of teaching often consists of rote learning.

Promoting education to show the true worth of education to the wider community – to community leaders and the parents and teacher associations – is a priority with year round school and parent workshops. Above all the AHF recognizes that quality education enables children to reach their full potential. We

are committed to providing teachers with sustainable skills and in the long term provide opportunities through education.

The Foundation will also provide resources to schools in the Nele district, where even the provision of basic textbooks and teaching aids is considered a luxury.

The reports from the first three years of our program in the Sotang district leave us in little doubt that we are on the right track. Some of the brightest teachers are being selected for additional training to become key teachers. This sustainable initiative will eventually result in these teachers passing on their skills to their fellow teachers. In addition, attendance rates have increased and education outcomes are improving.

The TTQE program is directed by our Program Co-ordinator Jim Strang, who was instrumental in 1998 in establishing the Teacher Training program run by Sir Edmund Hillary's Himalayan Trust. On the ground the program is managed by REED (Rural Education Environment and

Development Centre), a Nepalese NGO based in Kathmandu who have worked with Jim from the outset. A further dimension to the program is the valued contribution of a select team of teachers from Australia and New Zealand who have volunteered to help the Foundation achieve their remarkable goals.

AHF Initiative – Schools for the Himalaya

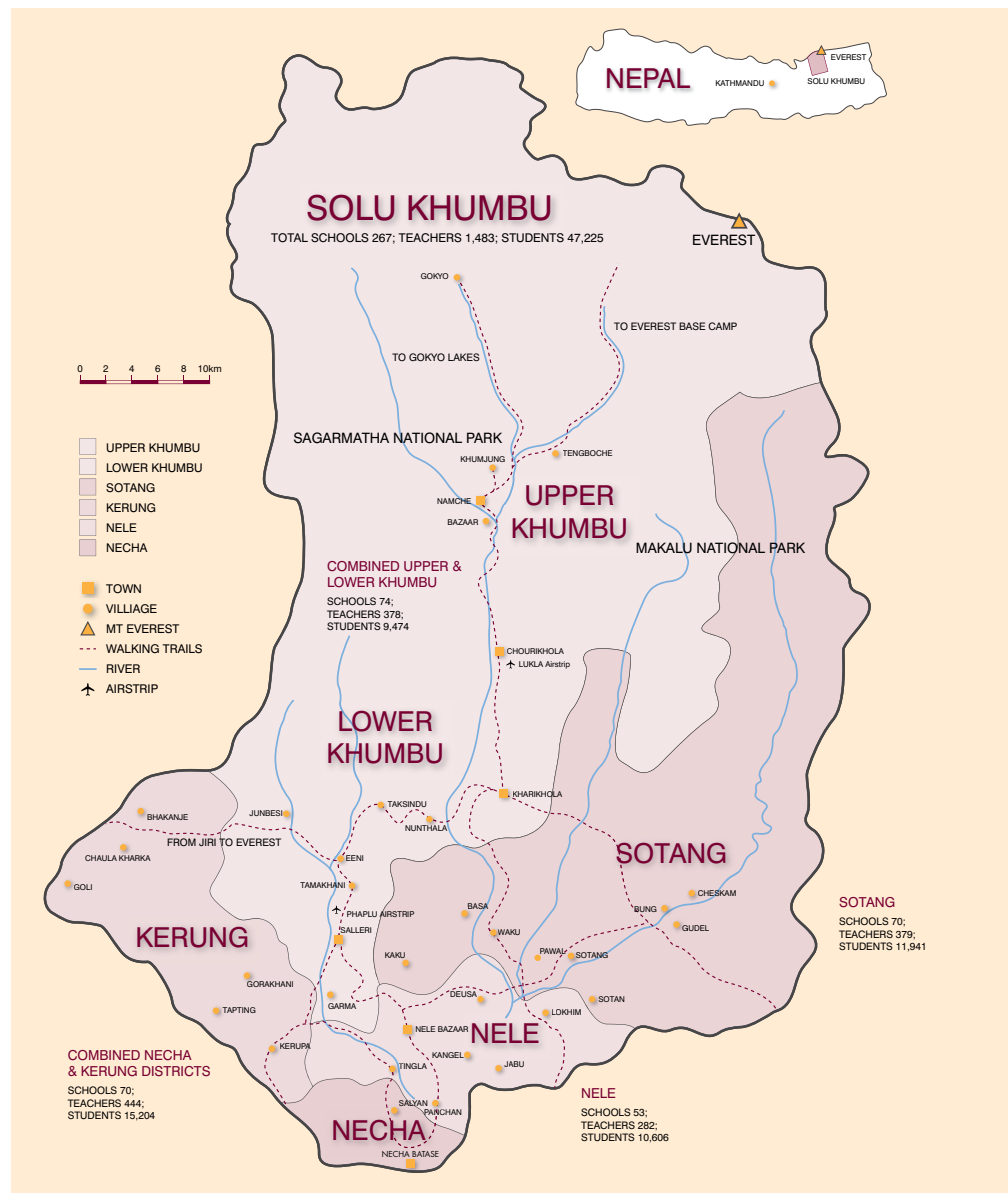
Our Schools for the Himalaya program runs in parallel with our TTQE program whose foundations were laid by Director Lincoln Hall and Barbara Hall.

Schools in Australia are encouraged to raise funds for a school in Nepal, that will help improve basic facilities and educational resources. There are also opportunities for schools to visit the Solu Khumbu and gain first hand experience of the extent and effectiveness of our TTQE program.





The districts in the Solu Khumbu where we implement our program provide clear indication of poverty and the absence of educational opportunity — conditions that are in many ways similar to the Upper Khumbu (Everest region) when Sir Edmund Hillary's Himalayan Trust first commenced work fifty years ago.



Our Donors, Sponsors and Supporters

We acknowledge and thank our major sponsors including the Ian McNair Charitable Foundation, Footprints Network/WorldNomads.com, The Sunrise Foundation, Hunter Hall International, World Expeditions, Tyrrells Wines and the National Geographic Channel (Principal Media Sponsor).

DONORS \$20,000 AND ABOVE

Anonymous, Roger Butler, Dick Estens AO, Footprints Network/WorldNomads.com, Ian McNair Charitable Foundation and the Sunrise Foundation.

DONORS \$10,000 AND ABOVE

Hunter Hall International, Lisa Hacker, Robert Petterson, UK Himalayan Trust and the Hillary Himalayan Foundation NZ.

DONORS \$1,000 AND ABOVE

Marko Andric, Brown Brothers Milawa, Gregory Chambers, Phil Eadie, Sally Goodspeed, Alan Gray, Sue Gregory, Peter Hadwen, Peter Hall, Bill Hawker, Wayne Hoban, Peter Holder, Wendy & Huw Kingston, Mar Knox & Mark Shircore, Justine Monahan, Pat Moor, Pearson Australia (Penguin Books), M Potenza, Rotary Club of Emerald, Pip & Dick Smith, Gary Thomas, Ray Wilson and Lorraine & Greg Woon.

DONORS \$500 AND ABOVE

Roger Band, Ray Carless, Ian Daly, Barbara Davidson, Stephen Fischer, Celine Fournier, Margaret Francis, Pamela Fruin, Peter Garrett, Megan Grace, Meri & Phil Hand, Troy King, Peter Lemon, Phillip Moore, Brendan O'Mahoney, Christine & James Pollitt, Helen & Andrew Purdam, Soroptimist International Cambridge, Andrew Stobart, Westpac Bank (Matching Gifts), Amanda Wilkin, Helen Woittiez & Sean Downes and Terry Young.

DONORS \$100 AND ABOVE

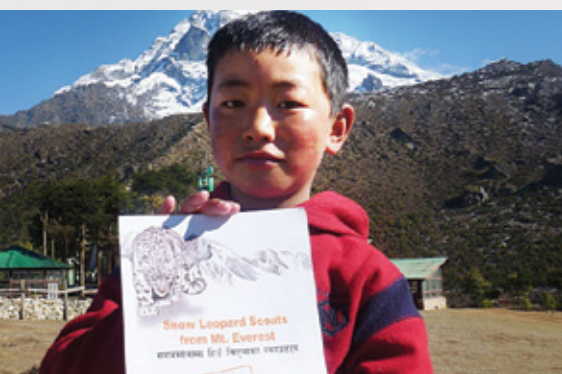
Sue Badyari, David Ball, Barbara Ballinger, Macquarie Bank Foundation, Patricia Batchelor, Bikram Yoga (New Town, South Melbourne & North West), Jude Bird, Ruth Blackham, Janet Boulton, Robin Boustead, Bob Bowden, Margie and Graham Burgess, Carol Calderwood, Dave Chamberlain, Robert Christie, B Clark, Anna Collet, Brigadoon Committee, Bob & Sadhana Cook, Adrian Cooper, Christine Cooper, Liz Courtney, Patrick Cullinan, Elizabeth Dale, Sky Dawson, Erin Denize, Catherine DeVrye, Jennifer Dewar, Iryna Dvoskina, Michael Egan, Ram Ellen, Sarah Elliott, Pat Evans, Enid Eyles, Anthony Ford, Bryn Francis, Heath Francis, Jeanine Gibby, Lisa Grant, Carole Grassby, Robert Guy, Kristin Haigh, Gillian Hall, Leonie Hamer-Smith, Sue Havilland, Jan & Mark Heaysman, Jacqui and Tony Hickson, Alexander Hilyard, David Hind, Peter Holder, Wendy Holloway, Anthony Hommonay, Amanda Hooton, Keith Hunter, Leonie Jones, Malcolm Jones,

Samir Kantaria, Jill Keyte, Annalisa Koeman, David Leckie, Edmund Lee, Bryn Lynar, John Mackie, Marie Manidis, Julie McCrossin, Chris McDiven, Stella Mearns, L Mogg, Wendy Monro, Simon Morley, Mark Openshaw, Graeme Orr, Allison O'Shea, Carole Patterson, Christine Philbrick, Sybil & Ralph Pliner, Penelope Richardson, Megan Robb, Sue Robb, Jacqui & Alan Rogers, Lisa Semmens, Sandra Sharplin, Faye Shelton, Karin Simoncini, Sally Singline, Candice Smith, Alexandra Stephens, Colin Stewart, Margie Thomas, Karen Thomas, Denise Turner, Kerry Van Der Jagt, Robert Van Koesveld, Hugh Vanderfield, Tracey Wright, Edie Young, Janine Young and Zac Zaharias.

Our Supporters, who contribute on an annual basis, are the backbone of the Foundation. We thank them for their generosity and value their commitment and interest in our work.

Thank you also to all our Supporters who trekked and completed personal challenges in support of the Foundation, including the Chairman's Trekkers of 2011, Wild Women On Top's Freda Du Faur trekkers, Dane Heaysman and Sebastian Perhauz, Justine Monahan and to the many trekkers who are planning and raising funds for the next year.

Special thanks to our many prize donors and supporters who provided gifts and expertise to the Foundation, in particular Bruce Hawker, Peter Hall and World Expeditions, and Kerry Lorimer for assistance with public relations.



Chairman's Review



Welcome to our Annual Report, outlining a very successful 2010-11.

As well as providing vital transparency

about our operations and finances, the Annual Report is another opportunity to thank all of you, our terrific supporters and friends, who helped so much in ensuring that we survived the "global financial crisis" and were even able to expand the reach of our projects – particularly the Teacher Training and Quality Education project.

And in outlining how cost-effective and worthwhile our projects are in helping the people – especially children – of the Himalaya, it is also a great communications tool to garner new support for our work. So pass it on, or go through it with your friends to inspire them, too.

But nothing beats going there as an inspiration and an education as to why we do what we do. The inaugural Chairman's Trek, of May-June 2011, on which Peter Hillary and I took a group of AHF supporters to the Solu Khumbu to visit our Teacher Training courses and the schools; help celebrate at Khumjung the 50th anniversary of the first school built by Peter's father; and of course for some wonderful trekking in the mountains, was hugely successful in every way. I can't thank Dick Estens (who made it possible) and the other "CTrekkers" – Roger, Damien, Sascha, Mitch, Lisa, Amanda, and Alex – enough

for their company and the opportunity to show them first-hand what their (on-going) support is achieving. The amazing school welcomes, and the meetings with the trainers, teachers, trainee teachers, and children will create a warm inner glow for a very long time.

Towards the end of the 2010-11 year, we – the Directors – took some steps to strengthen the Foundation. We decided to formalise and boost Advisory Committees; appoint a full-time CEO/Manager in 2012; and to expand the Board, beginning with the appointment of former senior AusAID officer Janine Constantine as a Director. I am sure these moves will be of great benefit, and enable us to remain a "lean machine" with low administration costs and very efficient project spending.

To finish, I want to particularly thank Debbie Dukes, Jim Strang (who I am very glad to say came through the Christchurch earthquake relatively unscathed), and all the Directors – especially Garry Weare, the Executive Director – for their amazing efforts for the Foundation during 2010-11.

We all thank you, our supporters, again for your on-going support.

Simon Balderstone AM
Chairman

Trekking in the Himalaya provides an unrivalled opportunity to contribute to our vital programs. We also offer a number of fundraising treks which include visits to our programs. We are thrilled that in the past year so many trekkers and travelers are taking up the challenge of raising funds through sponsorship for our programs in Nepal, India and Bhutan. If you would like to raise funds for the AHF please contact us.

Top left hand image: Director Peter Hillary, Education Advisor Jim Strang and Chairman Simon Balderstone in the Solu Khumbu.

Executive Director's Review: The Trek Ahead



'The poverty was wrenching' was a comment made by the ABC Foreign Correspondent team after a visit to the village of Lura,

several days' hike south of the Everest region. The living conditions as well as the lack of educational opportunities contrasted starkly with the Sherpa people who live along the popular trekking routes en route to the base of Mt Everest.

I was fortunate to accompany the ABC crew in May this year and knew that however much I briefed them they would be taken aback by the difference in living standards between the peoples of the upper and the lower Solu Khumbu. It is - as we state elsewhere in the Annual Report - akin to the conditions that Sir Ed Hillary encountered before establishing the first school in Khumjung 50 years ago.

The AHF is about to embark on the 4th year of the TTQE program and it is pleasing to note that the education program in the Solu Khumbu is a truly Australian initiative. It is also one that the Nepal Department of Education have recently nominated as the best education program in rural Nepal. This is huge recognition for a relatively small aid organization that rely on funds from a dedicated band of donors and supporters. Above all else we will ensure that the 47,000 plus children in the region will gain access to better education outcomes.

There have also been many positive developments in our smaller programs. In Ladakh, we confirm that the female amchi (traditional health practitioners) are now playing an active role in the village communities in the remote region of Zaskar. In Nepal, our other health program conducted by the NNCTR goes from strength to strength as more women gain access to cervical and breast cancer screening. Support for education improvements in remote rural districts with RHEST in Nepal and RENEW in Bhutan are encouraging. Our joint initiative with the Australian Tibetan Society has also received positive feedback. We are looking forward to working with the Snow Leopard Conservancy on a new program in the Solu Khumbu region of Nepal to help protect the endangered snow leopards. We also look forward to expanding the Himalayan Art Award and thank Margie Thomas, Program Manager for her dedication.

In undertaking the programs we are continually grateful to all our supporters and donors and thank you again for your efforts in helping us to ensure that the people of the Himalaya achieve their goals.

Garry Weare
Executive Director

"The District Education Office offers its thanks to AHF for the remarkable contribution and management of its teacher-training project in the Solu Khumbu. Your commitment is very significant and valuable to the quality of education at school level. We look forward to working with the AHF as it expands its program in the Solu Khumbu region."

Nepal Dept of Education, May 2011

AHF Board of Directors and Staff



From left to right: Simon Balderstone, Janine Constantine, Michael Dillon, Christine Gee, Lincoln Hall, Peter Hillary, Garry Weare, Andrew Lock.

Board of Directors

SIMON BALDERSTONE AM (CHAIRMAN)

Director of consultancy company; Adviser to Olympic movement; Member of the 1984 First Australian Everest Expedition; Journalist & author. Former Prime Ministerial adviser, SOCOG Board member & General Manager.

JANINE CONSTANTINE

International Development specialist with 20 years' experience developing and managing aid projects for the Australian Government, United Nations agencies and NGO's. Janine adds valuable expertise to the AHF Board.

MICHAEL DILLON AM

Adventurer & one of the world's leading mountain cinematographers and documentary filmmakers with 40 films to his credit; Member and Director of Photography on the First Australian Everest Expedition 1984; AFI award winner.

CHRISTINE GEE

Nepalese Honorary Consul General (1987– 2009); Co-Founder of Australian Himalayan Expeditions (now World Expeditions); Attache to Sydney 2000 Nepal Olympic team, Member Chief Executive Women.

LINCOLN HALL OAM

Mountaineer (organiser and member of the First Australian Everest Expedition in 1984; Everest summiteer 2006), trekking guide, environmentalist, keynote speaker, prize-winning author.

PETER HILLARY

Adventurer (twice Everest summiteer, South Pole overland via Shackleton Glacier, first high-altitude traverse of entire Himalayan range); Expedition leader, public speaker, leader of philanthropic missions; Author and photographer.

GARRY WEARE

Veteran trek guide with over 35 years' experience in the Himalaya; Honorary Secretary (Australia) for the Himalayan Club; Former Director and now Consultant to World Expeditions; Author and photographer.

ANDREW LOCK – AHF AMBASSADOR

Acclaimed as Australia's most accomplished high-altitude mountaineer, Andrew recently became the first Australian to climb all 14 of the world's 8000 metre peaks. The Foundation is proud to have Andrew as its first Ambassador.

AHF OFFICE

Garry Weare is our Executive Director (at present Garry receives remuneration for two days a week, the rest is voluntary while Debbie Dukes manages our fundraising events and administration.

Honorary State Representatives

VICTORIA

Chris Southgate, who has an abiding interest in the Himalaya & prime instigator of the 'Summit of Achievement' events, and **Ian Williams**, who has over 30 years' association with the Himalaya, and is a Director of the World Expeditions Foundation.

ACT

Zac Zaharias, a leading mountaineer with a CV that includes 14 major Himalayan expeditions, served as a UN Observer in Kashmir and is Director of Peak Learning & Outdoor Insights.

Geoff Bartram has also had a long association with the Himalaya including being a member of the '84 Australian Everest Expedition, while nowadays he regularly undertakes trekking forays in the Indian Himalaya.

WESTERN AUSTRALIA

Mike Wood, who has a long association with the Himalaya including the 1993 40th Anniversary Everest expedition; Owner Peregrine Adventures (WA).

SOUTH AUSTRALIA

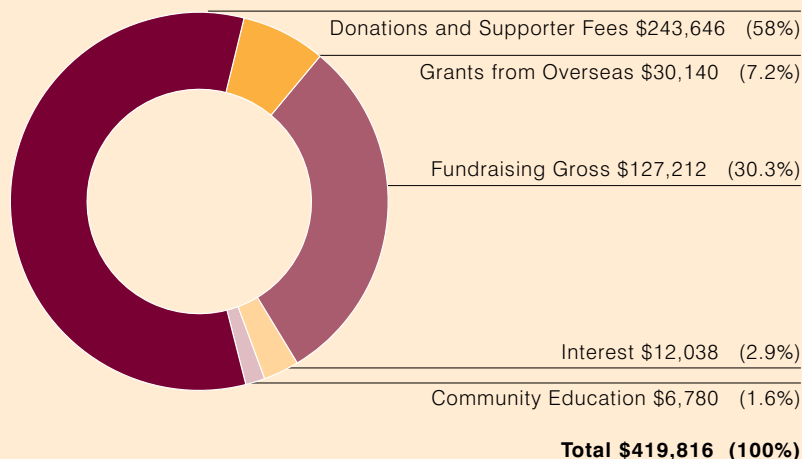
Chris and **Tashi Lachman** spent over a decade running a trekking operation in Nepal. Tashi now owns Thor Travel in Adelaide and regularly leads treks to Tibet.

TASMANIA

With a middle name Mallory (named after George), **Brendan Moore** has had a lifelong interest in the Himalaya. Growing up climbing and walking in Tasmania his next big plan is to achieve his dream and finally trek in Nepal.

Financial Information

How we raised our Funds in 2010/11



Strategy

We continue to build up our Overseas Aid account in order to fully commit to our long term projects – in particular our financial commitment to complete the nine year cycle of our TTQE program.

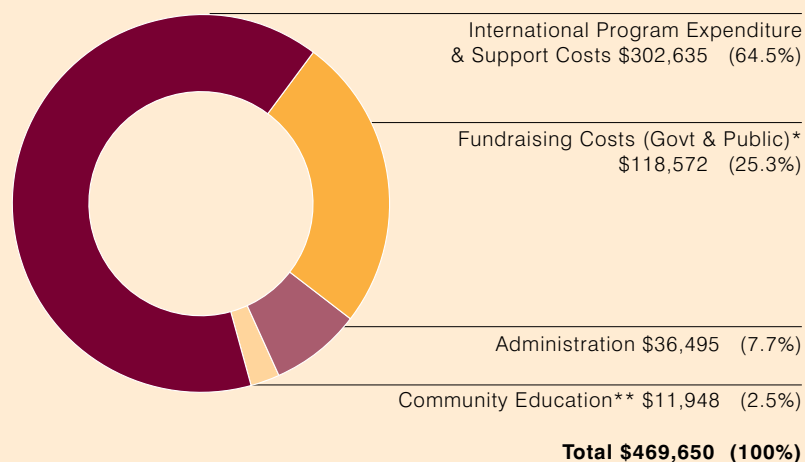
Donations

All donations go either directly to our programs or into our Overseas Aid Account for future project payments and associated program costs. Donations are not spent on our administration costs.

Directors' Benefits

Director Garry Weare is also the Executive Director. He is paid for two days a week. The rest of his considerable workload is on a voluntary basis. The Chairman and all other Directors do not receive fees or benefits of any kind.

How we spent our Funds in 2010/11



* Fundraising costs include all costs associated with events, plus expenses integral to applications for government accreditation (now in process).

** Community education costs include regular Supporter evenings which are not organised as fundraising events, but as an opportunity for our Supporters and friends to gain an update on the Foundation.

The Australian Himalayan Foundation is incorporated in Victoria ABN 81 099 510 255

Financial Information *continued*

Income Statement

For the year ended 30 June 2011

	2011 \$	2010 \$
Revenue		
Donations & Gifts		
– Monetary	228,796	209,667
– Non Monetary	–	–
Legacies & Bequests	–	–
Grants		
– AusAID	–	–
– Other Australian	–	–
– Other Overseas	30,140	17,370
Investment Income	12,038	13,086
Other Income		
– Fundraising Revenue	127,212	160,409
– Supporter Contributions	14,850	17,260
– Community Education	6,780	8,500
Revenue for International Political or Religious Adherence Promotion Programs	–	–
Total Revenue	419,816	426,293
Expenditure		
International Programs		
– Funds to Overseas Programs	247,135	243,387
– Program Support Costs	55,500	42,953
Fundraising Costs		
– Public	95,747	109,119
– Government Multilateral & Private	22,825	–
Administration & Accountability	36,495	53,906
Community Education	11,948	12,402
Non Monetary Expenditure	–	–
Total International Aid & Development Expenditure	469,650	461,767
– International Political or Religious Adherence Promotion Programs Expenditure	–	–
Domestic Programs Expenditure	–	–
Total Expenditure	469,650	461,767
Excess Revenue over Expenses	(49,834)	(35,474)

Accompanying notes to the Income Statement are included in our full statutory financial report for 2010/11, which is available on request from our office.

Financial Information *continued*

Balance Sheet

As at 30 June 2011

	2011 \$	2010 \$
ASSETS		
Current Assets		
– Cash & Cash Equivalents	345,968	395,802
– Other Financial Assets	–	–
Non-Current Assets		
– Property, Plant & Equipment	–	–
– Other	–	–
Total Assets	345,968	395,802
LIABILITIES		
– Current Liabilities	–	–
– Non-Current Liabilities	–	–
Total Liabilities	–	–
Net Assets	345,968	395,802
EQUITY	345,968	395,802
Retained Earnings	345,968	395,802
Total Equity	345,968	395,802

Australian Himalayan Foundation Ltd had no non-current assets or any current or non-current liabilities at 30 June 2011. Accompanying notes to the Balance Sheet are included in our full statutory financial report for 2011.

Statement of Changes in Equity

For the year ended 30 June 2011

	Retained Earnings \$	Total \$
Balance at 30 June 2009	431,275	431,275
Excess Revenue over Expenses	(35,474)	(35,474)
Balance at 30 June 2010	395,802	395,802
Excess Revenue over Expenses	(49,834)	(49,834)
Balance at 30 June 2011	345,968	345,968



A copy of the full statutory financial report for 2010/11 is available on request from our office.

Our summary financial report complies with the standards set out by the ACFID Code of Conduct. Please refer to www.acfid.asn.au for further information.

Australian Himalayan Foundation Ltd's reserves are comprised entirely of retained earnings held for unrestricted purposes. There were no adjustments, transfers or asset revaluations made in 2009-10 or 2010-11.

A copy of the full statutory financial report for 2010-2011 is available on request from our office.

Table of Cash Movements for Designated Purposes

No single appeal or any other form of fundraising for a designated purpose generated 10% or more of the Australian Himalayan Foundation's international aid and development revenue for the financial year ended 30 June 2011.

Independent Audit Report

SCOPE & OPINION

We have audited the summarised financial report of the Australian Himalayan Foundation for the year ended 30 June 2011 comprising the income statement, statement of changes in equity, balance sheet, statement of cash flows and the declaration of cash movements for designated purposes.

In our opinion, the information reported is consistent with the ACFID Code of Conduct reporting requirements and with the annual statutory financial report dated 07 October 2011 from which it was derived and upon which we expressed an unqualified audit opinion. For a better understanding of the scope of our audit, this report should be read in conjunction with our audit report on the annual statutory financial report.

Jeff Partridge, Partner, BBus.CA
Trumans www.trumans.com.au
Sydney, 07 October 2011

How you can help

You can contribute to the success of the Foundation and its projects by becoming an annual Supporter, or by making a donation or bequest. All payments can be made on-line or by sending a cheque to our office.

Join as a Supporter

Our Supporters are crucial to our development – we are a community-based organization and rely on a pool of talented supporters to provide expertise, inspiration and assistance. We hold regular events and keep Supporters informed through our Yakety Yak newsletter and updates to our website.

Supporter Categories

All Supporter Fees are tax deductible:

Individual	\$50 per annum
Family	\$75 per annum
Bronze	\$250 per annum
Silver	\$500 per annum
Gold	\$1000 per annum

Make a Donation

All donations to the Foundation are greatly appreciated, and can be made online or by post. Donations of \$2 or more are tax deductible.

Make a Bequest

Create a living legacy to assist future generations of people in the Himalaya by remembering the Foundation in your will.

Trek for the AHF

Trekking the Himalaya provides an ideal opportunity to raise funds for the Foundation. Contact the AHF office for further information.



Contact us

PO Box 553, Crows Nest NSW 1585
Phone: 61 (2) 9438 1822
Email: info@australianhimalayanfoundation.org.au

www.australianhimalayanfoundation.org.au



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