



ANNUAL REPORT 2009–10

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ABOUT THE AUSTRALIAN HIMALAYAN FOUNDATION

The Australian Himalayan Foundation is a not-for-profit charitable organization dedicated to helping the people of the Himalaya achieve their goals.

WHAT WE DO

Visions & Aims

Our vision is to help the people of the Himalaya.

Our aim is to achieve this through improvements in three important areas:

- Education
- Health & Medical Services
- Environment and Wildlife Conservation

Our objective is to ensure, where possible, the long-term viability of our educational programs, to support medical services and to support environmental and wildlife conservation projects throughout the Himalaya.

The Australian Himalayan Foundation has policy guidelines in place to clearly distinguish between development and welfare support. It does not have any political or religious affiliations.

HOW WE DO IT

Sustainable empowerment

The Foundation focuses on sustainability and empowerment for the people of the Himalaya.

It is about ensuring, through assistance with administration, project management, training and monitoring, that the projects are set up and managed in such a way as to be sustainable.

Equally important is making sure that the local communities are empowered and equipped to manage and support the projects, sustainably and inclusively.

WHERE WE DO IT

Helping Himalayan communities

Over the last 40 years, thousands of Australians have visited the Himalaya. For many it is an opportunity to trek beneath the world's highest peaks and to appreciate some of the world's most hospitable cultures.

Yet the Himalaya is not just a vast adventure playground. Although the lifestyle of the local communities may at first appear idyllic, for most it is anything but easy – with medical assistance, education and care for the environment often falling short of their needs.

The Foundation provides you with the means to help the Himalayan communities achieve their goals – and of giving something back.

OUR BACKGROUND

Fundraising for important community projects

Since we were granted our tax-deductibility (DGR) status in January 2005, our fundraising efforts have gone from strength to strength. This has allowed us to commit to a range of projects and to work in close partnership with a select number of non-government organisations and local communities.

Grassroots support

Our Supporters program provides the opportunity to be involved in the work of the Foundation by contributing to the wellbeing of the Himalayan people.

In order to expand our Supporter base and promote the work of the Foundation we have state-based representatives throughout Australia.

Our affiliates

We have forged ties with our overseas counterparts including the UK Himalayan Trust, Hillary Himalayan Foundation, the Swiss Naulekh Foundation as well as the American Himalayan Foundation, the Australian Tibetan Society and the Snow Leopard Conservancy. Project partners in Nepal include REED (Rural Education & Environment Development), RHEST (Rural Health & Education Service Trust) and in Ladakh, India, the Servants of Society (Leh), and RENEW in Bhutan.



CHAIRMAN'S REVIEW

I'm proud to report that 2009-10 (FY) was highly successful for the Australian Himalayan Foundation.

We were once again able to help thousands of people – especially children – in the Himalaya boost their life opportunities and chances of achieving their goals.

At a time of serious competition among overseas aid and development organisations for donations, we suffered only a small drop in fundraising, and importantly were able to achieve expanded and improved project outcomes, especially in our Teacher Training and Quality Education project (TTQE) in Nepal.

And we were able to consolidate other education, health and environment projects, including our health care project in Zaskar, Ladakh; our partnerships with RHEST in rural Nepal, the Snow Leopard Conservancy in Ladakh and Nepal, the Australian Tibetan Society in India as well as contributing to two of the Development Aid Programs with the Australian Embassy in Nepal.

In doing so, we were able to make our own contribution to the overall international effort to achieve the United Nations Millennium Development Goals, especially the targets in regard to primary education, gender equality, environmental sustainability and health.

Highlights of the year included:

- The appointment of our first Australian Himalayan Foundation Ambassador, Andrew Lock, the first Australian to climb all 14 of the world's 8000 metre peaks.

- We held another major fundraising dinner in Sydney, featuring the "Sir Edmund Hillary Memorial Address" given by Greg Mortimer and a celebration of the 25th Anniversary of the 1984 First Australian Everest Expedition. Successful fundraising dinners were also held in Melbourne and Canberra and many Himalayan Day dinners were held around Australia. My thanks to our State Co-ordinators (see p. 15).
- The launch of our first project in Bhutan – a program (in partnership with local NGO RENEW) providing girls in remote areas with educational assistance.

Alas, on February 9 2010 near Melbourne, a true Foundation friend, the great 1953 British Everest Expedition climber and photographer Alfred "Greg" Gregory died, just three days short of his 97th birthday. We miss him terribly but the Gregory spirit and partnership with the Foundation lives on through his wife Sue who, with "Greg", was one of our first Honorary members.

Our achievements and progress were made possible by the generosity and commitment of our major project partners, supporters, donors, volunteers (especially our State co-ordinators) and helpers (listed on page 14) – notably Jim Strang, TTQE co-ordinator – and the dedication and hard work of AHF Executive Director Garry Weare and Fundraising Manager Debbie Dukes.

Thanks also to Susan Grace, the Australian Ambassador to Nepal who acknowledged the role of the AHF in her introduction to a book recently published by DFAT celebrating the 50th Anniversary of diplomatic relations between Australia and Nepal.



And of course, my deep thanks also to fellow Directors: Mike Dillon, Christine Gee, Lincoln Hall, Peter Hillary and Garry Weare.

We continued to build alliances with the Himalayan Trust (UK) and the Swiss Naulekh Foundation and we thank them very much for their support.

And we also gratefully acknowledge the substantial assistance during 2009-10 of Shari Daniels, Kerry Lorimer, Namgyel Tsering, Margie Thomas, who developed and co-ordinates our Himalayan Artists program, and Barbara Hall who laid the foundation for our Schools for the Himalaya program.

Thank you one and all.

Simon Balderstone

Simon Balderstone AM
Chairman



EXECUTIVE DIRECTOR'S REVIEW: THE TREK AHEAD



After long stints in the office it is always good to see how our program partners are making headway in the field.

In April 2010 I trekked in Nepal with Bhim Bogati, the Manager of local NGO REED who administer our Quality Education program. For ten days we headed south from the relatively affluent areas of the Everest region to the region of Sotang. The difference between the two districts was significant. We visited schools that were dark and overcrowded. In the village of Bung we visited a school where over 100 children were crowded into a single classroom. Books and educational resources were in short supply and the only computer in the entire district was proudly displayed in the headmaster's office at Sotang village. As we wandered the trails it was not uncommon to meet groups of children, some as young as 10, carrying loads for days at a time to support their family.

It was therefore gratifying to meet so many teachers and children who had received some benefit from the Quality Education program that has been implemented in the region for the last two years. Community support was much in evidence. There's also no shortage of teachers vying to be selected to be a Key Teacher – an innovative development that underpins the sustainability of our 6-year program. As with all the programs we are engaged in, there is no quick fix, and we are now committed to a nine-year program cycle..

In Nepal I also met Dr Shrestha, head of the Nepal Network for Cancer Treatment and Research in Banepa on the outskirts of the Kathmandu Valley. The visit gave me confidence to recommend that the AHF extend support for cervical cancer education with the long-term aim of establishing a mobile cancer clinic which would operate beyond the confines of the Kathmandu valley.

While in Kathmandu in April I also attended our inaugural Himalayan Artists Award Exhibition held at the Siddhartha Gallery. It was an unqualified success. Artworks by both award recipients were purchased by H.E. Susan Grace, the Australian Ambassador to Nepal and now hang on display at the Embassy.

In July I headed to Zaskar, Ladakh to attend the 4th Amchi Medical Workshop. Among the attendees was Dr Tsering Norboo, Ladakh's leading physician, along with the leading gynaecologist who provides the female amchi (see image p. 12) with further training at the local hospital. The workshop and enthusiasm of the amchi underline our commitment to a region that is in dire need of better health outcomes.

We have also signed an agreement with Michelle Hogan and Carolyn Hamer-Smith, Ambassadors of RENEW, a Bhutanese NGO, to establish an education program in Bhutan – our first project in Bhutan.

Overseeing the projects is a huge challenge and to this regard we have not taken our affiliation with the Australian Council for International Development (ACFID) lightly. In the past year we have worked closely with all our project partners to ensure that they (and us) adhere to the best possible practice standards. In undertaking this we want to ensure that your financial support translates to long term development outcomes that help the people of the Himalaya achieve their goals.

Thank you

Garry Weare
Executive Director



TEACHER TRAINING – QUALITY EDUCATION PROGRAM (TTQE)

OUR MAJOR PROJECT

The regions where we are undertaking our program provide abundant examples of poverty and the associated absence of educational opportunity. The conditions today are in many ways similar to those in the Upper Khumbu (Everest region) when Sir Edmund Hillary's Himalayan Trust first commenced work fifty years ago.

Our Quality Education Program has been described as one of the most ambitious undertaken in rural Nepal. Indeed in June 2010 the Nepalese Department of Education signed a Memorandum of Understanding endorsing our program as being one of best examples of educational practice in rural Nepal.

We have now completed the second year of an expanded program that provides teaching techniques and resources for primary school teachers not only in the Everest region of Nepal but also in the impoverished regions to the south that are in dire need of support. Few schools particularly those in the remote rural regions have anything in the way of resources. The quality of teaching is often reduced to rote-learning techniques while the drop out and attendance rate of both students and teachers is unacceptably high.

The AHF recognises that quality education enables children to fulfil their potential. We are committed to providing teachers with sustainable skills and resources, and in the long term, improving education outcomes for all.

Our 9 year program aims to improve the educational outcomes in over 260 schools, boosting teaching, learning skills and resources of nearly 1,500 teachers and over 47,000 students as well as having a far reaching impact on the broader community.

The reports from our expanded program have been truly encouraging. The training program in the Sotang district has exceeded expectations with some teachers travelling for up to a week to attend the courses.

The TTQE program is directed by our Project Co-ordinator, Jim Strang, who was instrumental in 1998 in establishing the Teacher Training program run by Sir Edmund Hillary's Himalayan Trust. On the ground the project is managed by REED (Rural Education and Environmental Development), a Nepalese NGO based in Kathmandu who have worked with Jim from the outset. A further dimension to the project is the valued contribution of a select team of teachers who have volunteered to help the Foundation achieve their remarkable goals.

SCHOOLS FOR THE HIMALAYA

Our Schools for the Himalaya program runs in parallel with our Quality Education program, whose foundations were laid by Director Lincoln Hall and Barbara Hall.

Schools in Australia are encouraged to raise funds for a school in Nepal, that will help improve basic facilities and educational resources. There are also plans for schools to visit the Solu Khumbu and gain first hand experience of the extent and effectiveness of their contributions and our TTQE program.

To date several schools in NSW have successfully raised funds that have made a significant difference to a number of schools in the Sotang region where even the provision of textbooks and basic teaching aids is considered a luxury.

Although in its formative stages, we plan to gain the support of more schools throughout Australia to provide much needed support for the schools we are working with in this region.



PROJECTED BUDGET FOR THE SOLU KHUMBU REGION

	Total	Khumbu district	Sotang district	Nele district	Necha & Kerung district
Schools	267	74	70	53	70
Teachers	1,483	378	379	282	444
Students	47,225	9,474	11,941	10,606	15,204

Year	Budget	Khumbu district	Sotang district	Nele district	Necha & Kerung district
2008			<ul style="list-style-type: none"> • Base line survey 		
2009	150K				
2010	170K	<ul style="list-style-type: none"> • Key teacher training • Refresher workshops 	<ul style="list-style-type: none"> • Key teacher training • Primary teachers training workshops 		
2011	170K			<ul style="list-style-type: none"> • Base line survey 	
2012	200K	<ul style="list-style-type: none"> • Key teacher training • Key teacher workshops • KTT workshops for Primary teachers • Secondary teacher workshops 	<ul style="list-style-type: none"> • Key teacher training • Primary schools Refresher workshops • Secondary teacher workshops • Women's Literacy program 	<ul style="list-style-type: none"> • Key teacher training • Primary teacher training workshops 	
2013	200K				
2014	200K				<ul style="list-style-type: none"> • Base line survey
2015	250K	<ul style="list-style-type: none"> • Key teacher training • Key teacher workshops • KTT workshops for Primary & secondary teachers • Women's Literacy program 	<ul style="list-style-type: none"> • Key teacher training • Key teacher workshops • KTT workshops for Primary & secondary teachers • Women's Literacy program 	<ul style="list-style-type: none"> • Key teacher training • Primary schools Refresher workshops • Secondary teacher workshops • Women's Literacy program 	<ul style="list-style-type: none"> • Key teacher training, • Primary teacher training workshops • Secondary teacher workshops • Women's Literacy program
2016	250K				
2017	250K				

• Workshop year runs from November to September, new expanded program commenced November 2008

OTHER PROJECTS

Providing viable and sustainable solutions to enrich life in the Himalaya

The Australian Himalayan Foundation is a not-for-profit charitable organisation dedicated to helping the people of the Himalaya achieve their goals – through supporting and overseeing education, health and environmental and wildlife conservation projects.



ZANSKAR PRIMARY HEALTH PROJECT

Zanskar is one of the most remote regions of the Indian Himalaya – it records one of the highest rates of infant mortality in the subcontinent. Since 2005 we have made a commitment to help improve the level of primary health care. Since 2007 we have held an annual one-week seminar for the local amchi, the traditional medical practitioners. We are also supporting the provision of six-month hospital training programs for some of the younger female amchi at the government hospital in Leh, the capital of Ladakh.



HIMALAYAN ART AWARDS

Managed by Margie Thomas, our innovative Himalayan Art Award aims to help local artists develop their creative medium. The award is self-sustaining. The artist will commit to producing at least one major work that will be auctioned by the AHF. To date this has enabled further awards to be made in both Nepal and Bhutan.



WILDLIFE CONSERVATION AND ENVIRONMENT

We are proud of our partnership with the Snow Leopard Conservancy – the world's foremost organization dedicated to protecting the elusive snow leopard, an icon and precious asset of the Himalaya. Our support has been channelled into projects in Ladakh, northern India as well as Dolpo, West Nepal. These projects work closely with the local communities as well as supporting vital field research to ensure the snow leopard's survival.



SUPPORT FOR UNDERPRIVILEGED CHILDREN

Our partnership with RHEST (Rural Health & Educational Service Trust) supports under-privileged girls and dalit (untouchable) boys in rural districts of Nepal. At present we are providing educational support for over 250 students – and that equates to a 10 year commitment in most cases.



TIBETAN PROJECTS

In association with the Australian Tibetan Society we have established a number of projects to support Tibetans living in exile in the Indian Himalaya. Our programs include supporting a cultural school in Kalimpong which aims to keep alive traditional Tibetan dance and music, and assistance for a school in Salugara in the Himalayan foothills.



BHUTAN EDUCATIONAL ASSISTANCE PROGRAM

Managed by Michelle Hogan and Carolyn Hamer-Smith, ambassadors for Bhutanese NGO RENEW, our project – patronized by the youngest Queen of Bhutan (pictured centre) – provides support for girls to gain better educational opportunities in remote regions of Bhutan.



FINANCIAL INFORMATION

In the 2009/10 financial year our income was \$426,293.

STRATEGY

We continue to build up our Overseas Aid account in order to fully commit to our long term projects – in particular our financial commitment to complete the nine year cycle of our TTQE program.

DONATIONS

All donations go either directly to our projects or into our Overseas Aid account for future project payments. Donations are not spent on our administration costs.

FUNDRAISING

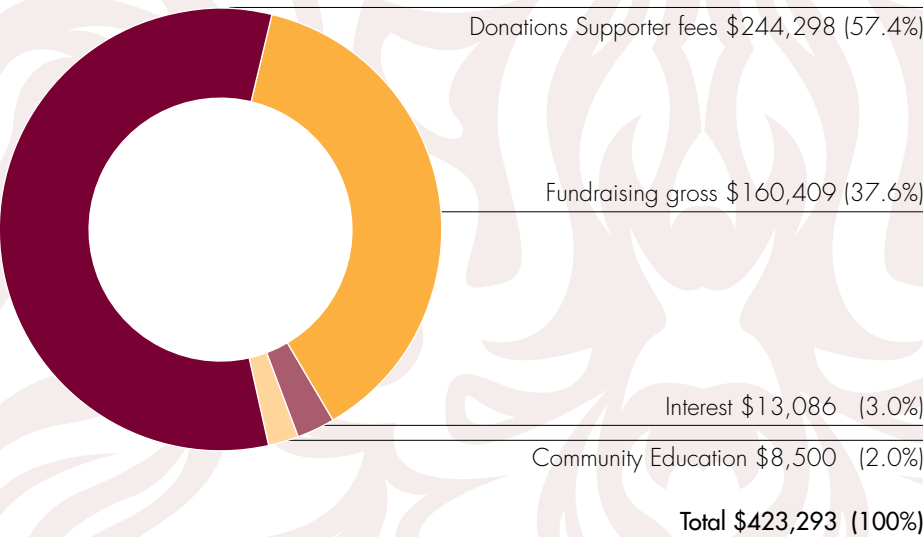
Donations made at events, which makes up a considerable proportion of funds raised at our dinners, are expressed as donations. It is also noted that our regular Supporter evenings are not run to raise funds but as an opportunity for our Supporters and friends to gain an update on the Foundation.

DIRECTORS' BENEFITS

Director Garry Weare is also the Executive Director. He is paid for two days a week. The rest of his considerable workload is on a voluntary basis. The Chairman and all other Directors do not receive fees or benefits of any kind.

The Australian Himalayan Foundation is incorporated in Victoria
ABN 81 099 510 255

How we raised our funds in 2009/10





INCOME STATEMENT

for the year ended 30 June 2010

	2010 \$	2009 \$
REVENUE		
Donations & gifts	227,038	373,537
Legacies & bequests	–	–
Grants		
– AusAID	–	–
– Other Australian	–	–
– Other Overseas Himalayan Trust (UK)	–	–
Investment income	13,806	12,323
Other income		
– Fundraising revenue	160,409	139,421
– Supporter contributions	17,260	8,450
– Community education	8,500	–
Total revenue	426,293	533,731
EXPENSES		
Overseas projects		
– Funds to overseas projects	286,341	204,446
– Other project costs	–	–
Fundraising costs		
– Public	109,119	108,023
– Government, multilateral and private	–	–
Administration	53,906	56,425
Community education	12,402	–
Total expenses	461,767	368,894
Excess revenue over expenses	(35,474)	164,837

Accompanying notes to the Income Statement are included in our full statutory financial report for 2009/10, which is available on request from our office.



FINANCIAL INFORMATION CONTINUED

BALANCE SHEET as at 30 June 2010

	2010 \$	2009 \$
ASSETS		
Current Assets		
– Cash & cash equivalents	395,802	427,209
– Other financial assets	–	4,066
Non-Current Assets		
– Property, plant & equipment	–	–
– Other	–	–
Total Assets	395,802	431,275
LIABILITIES		
Current Liabilities	–	–
Non-Current Liabilities	–	–
Total Liabilities	–	–
Net Assets	395,802	431,275
EQUITY		
Retained Earnings	395,802	431,275
Total Equity	395,802	431,275

Australian Himalayan Foundation Ltd had no current or non-current liabilities at 30 June 2010.

Accompanying notes to the Balance Sheet are included in our full statutory financial report for 2010.
A copy of this report for 2009-2010 is available on request from our office.



STATEMENT OF CHANGES IN EQUITY for the year ended 30 June 2010

	Retained Earnings \$	Total \$
Balance at 30 June 2008	270,438	270,438
Excess of revenue over expenses	160,837	160,837
Balance at 30 June 2009	431,275	431,275
Excess of revenue over expenses	(35,474)	(35,474)
Balance at 30 June 2010	395,802	395,802

Australian Himalayan Foundation Ltd's reserves are comprised entirely of retained earnings held for unrestricted purposes. There were no adjustments, transfers or asset revaluations made in or 2008-09 or 2009/10.

A copy of the full statutory financial report for 2009/2010 is available on request from our office.

TABLE OF CASH MOVEMENTS FOR DESIGNATED PURPOSES

No single appeal or any other form of fundraising for a designated purpose generated 10% or more of the Australian Himalayan Foundation's international aid and development revenue for the financial year ended 30 June 2010.

INDEPENDENT AUDIT REPORT OF THE AUSTRALIAN HIMALAYAN FOUNDATION

Scope & Opinion

We have audited the summarised financial report of the Australian Himalayan Foundation for the year ended 30 June 2010 comprising the income statement, statement of changes in equity, balance sheet, statement of cash flows and the declaration of cash movements for designated purposes.

In our opinion, the information reported in the summarised financial report is consistent with the annual statutory financial report dated 21 October 2010 from which it was derived and upon which we expressed an unqualified audit opinion. For a better understanding of

the scope of our audit, this report should be read in conjunction with our audit report on the annual statutory financial report.

Jeff Partridge, Partner
Trumans
Sydney, 21 October 2010



OUR DONORS, SPONSORS & SUPPORTERS

We acknowledge our major sponsors including the Ian McNair Charitable Foundation, Footprints Network/World Nomads, The Planet Wheeler Foundation, The Sunrise Foundation, Hunter Hall International, World Expeditions and the National Geographic Channel (our Principal Media Sponsor).

Donors \$20,000 and over

Ian McNair Charitable Foundation
Footprints Network, World Nomads
Sunrise Foundation

Donors \$10,000 and over

Anonymous Donor
Hunter Hall International
RH & PA Smith
UK Himalayan Trust

Donors \$5,000 and over

Blue Mountains Grammar School
Phil Newman, AirRoad Pty Ltd
Jason Veale

Donors \$1,000 and over

3M Unitek, Lindsay Adams, Brigadoon Committee, Michael Eger, Elder Bennett, Andrew Foote, Christine Gee, Bruce Hawker, Andi Henderson, Wayne Hoban, Peter Holder, Jenny Hunter, Nick Kostos - World Expeditions, Robin MacKay, George Molnar, Margaret & Greg Mortimer, Wendy & Matt Napier, North Face - True Alliance, David Paradise, Chris & James Pollitt, Coke & Dick Pollitt, Andrew Stobart, Mike Strauss, Margaret & Cam Wilkinson.

Donors \$500 and over

Chris Adam, Paul Andrews, Simon Baggs, John Bennett, Shae Boyle, Melanie Brocklehurst, Graham Burgess, Jacinta Carboon, Steve Colman, Victoria Dreaver, Lenore Gunning, Meri & Phil Hand, Rosemary Hollow, Fiona Hurley, Manly Selective Northern Beaches High School, Helen Purdam, John van Waterschoot, Amanda Wilkin, Helen Woittiez & Sean Downes, Janet & Zac Zaharias.

Donors \$100 to \$500

1st Balgowlah Scout Group, Peter Allen, Back Track Adventures, Ken Baldwin, Roger Band, Ian Barnett, Gayle & Chris Barrott, Sarah & Geoff Bartram, Lynne Booth, Michael Brewin, Michael Burgess, Katherine Burke, Derek Cannon, Barbara Carswell, John Castles, Bruce Chadlowe, B Clark, Milton Cockburn, Rebecca Cotterill, Pat Cullinan, Li Cunxin, Stuart Devlin, Catherine Devyre, Bruce Dowling, Belinda Drewett, Jeroen Dyk, Sally Egan, Karine Evesque,

Susan Fagoaga, Penny & Bill Farrant, Ian Gibson, Susan Grace, M Graham, John Gwynn-Jones, Happy Medium Photos, Alexander Hilyard, Nick Humphries, Peter Ivany, Christine James, John Jessop, Di Johnstone, Larry Kamener, Chris Kearns, Annalise Koeman, Soren Kruse Ledet, Pratika Lal, Peter Lambert, Julie Lee, Peter Lemon, G Legge, Kerry Lorimer, Marie Macdonald, Christy McCarthy, Chris McDiven, Stella Mearns, Wendy Monroe, Sibylle Noras, Allison O'Shea, John Philbrick, Jean-Marc Porigneaux, Steve Potter, Robert Rio, Grahame Rivett, Lisa Semmens, Faye Shelton, Rebecca Smythe, St Anne's Primary School, Stefano Menswear, M Stenford, Janet & Michael Stone, Duncan Thomas, Rohan Thomas, Terri Vincelli, Gertie & Walter Wagner, Jill Wagstaff, Sally & David Wilkinson, Sean Willmore, Janine Young, Terry Young.

Our Supporters who contribute on an annual basis are the backbone of the Foundation. We thank them for their generosity and value their commitment to our work.

We also extend special thanks to: Dick and Pip Smith, Peter Hall, Bruce Hawker, Westpac, Foxtel, Ricoh, Richardson Coutts, Dick Estens, AirRoad and Accor Hotels.



Simon Balderstone



Michael Dillon



Christine Gee



Lincoln Hall



Peter Hillary



Garry Weare

THE AHF BOARD OF DIRECTORS & STAFF

Simon Balderstone AM (Chairman)

Director of consultancy company; Adviser to Olympic movement; Member of the 1984 First Australian Everest Expedition; Journalist & author. Former Prime Ministerial adviser, SOCOG Board member & General Manager.

Michael Dillon AM

Adventurer & one of the world's leading mountain cinematographers and documentary filmmakers with 40 films to his credit; Member and Director of Photography on the First Australian Everest Expedition 1984; AFI award winner.

Christine Gee

Nepalese Honorary Consul General (1987–2009); Co-Founder of Australian Himalayan Expeditions (now World Expeditions); Attache to Sydney 2000 Nepal Olympic team, Member Chief Executive Women.

Lincoln Hall OAM

Mountaineer (organiser and member of the First Australian Everest Expedition in 1984; Everest summiter 2006), trekking guide, environmentalist, keynote speaker, prize-winning author.

Peter Hillary

Adventurer (twice Everest summiteer, South Pole overland via Shackleton Glacier, first high-altitude traverse of entire Himalayan range); Expedition leader, public speaker, leader of philanthropic missions; Author and photographer.

Garry Weare

Veteran trek guide with over 35 years' experience in the Himalaya; Honorary Secretary (Australia) for the Himalayan Club; Former Director and now Consultant to World Expeditions; Author and photographer.

AHF Office

Garry Weare is our Executive Director (at present Garry receives remuneration for two days a week, the rest is voluntary) while Debbie Dukes manages our fundraising events and administration.

HONORARY STATE REPRESENTATIVES

Victoria

Chris Southgate, who has an abiding interest in the Himalaya & prime instigator of the 'Summit of Achievement' events, and **Ian Williams**, who has over 30 years' association with the Himalaya, and is a Director of the World Expeditions Foundation.

ACT

Zac Zaharias, a leading mountaineer with a CV that includes 14 major Himalayan expeditions, served as a UN Observer in Kashmir and is Director of Peak Learning & Outdoor Insights. **Geoff Bartram** has also had a long association with the Himalaya including being a member of the '84 Australian Everest Expedition, while nowadays he regularly undertakes trekking forays in the Indian Himalaya.

Western Australia

Mike Wood, who has a long association with the Himalaya including the 1993 40th Anniversary Everest expedition; Owner Peregrine Adventures (WA).

South Australia

Chris and Tashi Lachman spent over a decade running a trekking operation in Nepal. Tashi now owns Thor Travel in Adelaide and regularly leads treks to Tibet.

Tasmania

With a middle name Mallory (named after George), **Brendan Moore** has had a lifelong interest in the Himalaya. Growing up climbing and walking in Tasmania his next big plan is to achieve his dream and finally trek in Nepal.

HOW YOU CAN HELP

You can contribute to the success of the Foundation and its projects by becoming an annual Supporter, or by making a donation or bequest.

All payments can be made on-line or by sending a cheque to our office.

JOIN AS A SUPPORTER

Our Supporters are crucial to our development – we are a community-based organization and rely on a pool of talented supporters to provide expertise, inspiration and assistance. We hold regular events and keep Supporters informed through our Yakety Yak newsletter and updates to our website.

Supporter categories

All Supporter fees are tax deductible:

Individual	\$50 per annum
Family	\$75 per annum
Bronze	\$250 per annum
Silver	\$500 per annum
Gold	\$1000 per annum

MAKE A DONATION

All donations to the Foundation are greatly appreciated, and can be made online or by post. Donations of \$2 or more are tax deductible.

If you'd like to join one of our fundraising treks, or organise your own trek or event in support of the AHF, please contact the AHF Office for further information.

MAKE A BEQUEST

Create a living legacy to assist future generations of people in the Himalaya by remembering the Foundation in your will.



CONTACT US

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www.australianhimalayanfoundation.org.au

